

# Activity Planner Nov 2026

| Mon                                                                                                                   | Tue                                                                                                              | Wed                                                                                                            | Thu                                                                                                                                  | Fri                                                                                                                 | Sat                                                                                                           | Sun                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
|                                                                                                                       |                                                                                                                  |                                                                                                                |                                                                                                                                      |                                                                                                                     |                                                                                                               | <b>1</b><br><b>World Vegan Day</b><br>Host a vegan tasting session with plant-based cheeses, cakes and snacks |
| <b>2</b><br><b>Autumn Walk</b><br>Head outdoors to find pinecones, conkers and autumnal leaves                        | <b>3</b><br><b>World Sandwich Day</b><br>Set up a build-your-own sandwich bar with familiar and unusual fillings | <b>4</b><br><b>Cinema Afternoon</b><br>Choose a classic film and serve popcorn, sweets or ice cream            | <b>5</b><br><b>Guy Fawkes Night</b><br>Enjoy a safe indoor celebration with music and seasonal treats                                | <b>6</b><br><b>National Saxophone Day</b><br>Invite a local musician or music student to perform                    | <b>7</b><br><b>Games Afternoon</b><br>Enjoy dominoes, cards, draughts, bingo or simple board games            | <b>8</b><br><b>Remembrance Sunday</b><br>Watch the national service and observe the two-minute silence        |
| <b>9</b><br><b>Musical Memories</b><br>Play songs from residents' younger years                                       | <b>10</b><br><b>World Science Day</b><br>Explore inventions residents remember arriving during their lifetimes   | <b>11</b><br><b>Remembrance Day</b><br>Create a memory book recognising relatives and local people who served  | <b>12</b><br><b>Gentle Movement</b><br><a href="#">Hold a seated balloon-volleyball game</a>                                         | <b>13</b><br><b>Children in Need</b><br>Organise a spotty-themed dress-up day for Children in Need                  | <b>14</b><br><b>Wellbeing Afternoon</b><br>Enjoy hand massages, nail painting, calming music and refreshments | <b>15</b><br><b>Steve Irwin Day</b><br>Watch a wildlife documentary from Steve Irwin's programmes             |
| <b>16</b><br><b>Odd Socks Day</b><br>Wear your brightest mismatched socks                                             | <b>17</b><br><b>Baking</b><br>Make biscuits, scones or an easy traybake to enjoy at afternoon tea                | <b>18</b><br><b>Travel from Home</b><br>Visit a chosen destination through photographs, music and food         | <b>19</b><br><b>International Men's Day</b><br>Hold a quiz celebrating influential men from history, music, sport and entertainment. | <b>20</b><br><b>World Children's Day</b><br>Ask residents to bring in childhood photographs for a guessing game     | <b>21</b><br><b>National Tree Week</b><br>Plant a small tree or dedicate one in the home's garden             | <b>22</b><br><b>Sunday Singalong</b><br>Choose familiar hymns, show tunes or popular songs                    |
| <b>23</b><br><b>Community Map</b><br>Mark residents' hometowns and memorable places on a large map                    | <b>24</b><br><b>Dance Class</b><br>Follow simple movements to familiar songs, seated or standing                 | <b>25</b><br><b>Picture Quiz</b><br>Identify famous faces, landmarks or television programmes from photographs | <b>26</b><br><b>Thanksgiving</b><br>Serve a Thanksgiving-inspired lunch with turkey, stuffing and pumpkin-themed treats              | <b>27</b><br><b>Flower Arranging</b><br>Create small seasonal arrangements using fresh, dried or artificial flowers | <b>28</b><br><b>Indoor Gardening</b><br>Plant herbs, decorate pots or tend to existing houseplants            | <b>29</b><br><b>November Birthdays</b><br>Celebrate all the birthdays that happened this month                |
| <b>30</b><br><b>St Andrew's Day</b><br>Hold a Scottish-themed afternoon with tartan decorations and traditional music |                                                                                                                  |                                                                                                                |                                                                                                                                      |                                                                                                                     |                                                                                                               |                                                                                                               |