

Activity Planner - July 2026

Mon



6 Music Trivia

Who can recognise the summer-themed tunes?

13 Guided Relaxation

Wind down with some guided meditation and relaxation

20 World Chess Day

How are your chess skills holding up?

27 Garden Games

Play some garden games

Tue



7 World Chocolate Day

Bake a delicious chocolate treat

14 Bastille Day

Celebrate with french-themed meals: pastries, baguettes, crêpes!

21 Mocktails

Use seasonal fruits to make delicious mocktails

28 Day Trip

If possible, head to a nearby seaside town or park

Wed

1 International Joke Day

Gather round for some riddles and joke-telling

8 Birdwatching

What wildlife can you spot nearby?

15 St Swithin's Day

What will the weather bring today? Head outdoors to see

22 Holiday Destinations

Who can guess the destination based on clues?

29 Milkshakes

What is your favourite? Chocolate, Strawberry or Vanilla?

Thurs

2 Ice Lollies

Make your own ice lollies using fruit, juice, or lemonade

9 Teddy Bears' Picnic

Invite a local nursery for a picnic lunch

16 Postcard Making

How creative can you be with your design?

23 Commonwealth Games

Watch the start of the games on your television

30 July Birthdays

Celebrate those who have had a birthday this month

Fri

3 Garden Painting

Enjoy an outdoor watercolour session

10 Card Games

As a group, play your favourite card games

17 Sing-a-long Movie

Enjoy a movie with some of your favourite music

24 National Cousins Day

Share your favourite stories of times spent with loved ones

31 Harry Potter's Birthday

Relax and enjoy watching a Harry Potter movie

Sat

4 Happy 4th July!

Throw a party! Think Elvis, Frank Sinatra, BBQ and Decorations

11 Summer Hat Making

Use ribbons, silk flowers, and lightweight decorations

18 Summer Fair

Celebrate the summer with a fair, invite a friend or some family

25 Live Singer

Invite a local singer or band to perform



Sun

5 Seated Games

Take part in some seated activities like ringtoss and skittles

12 Wimbledon Final

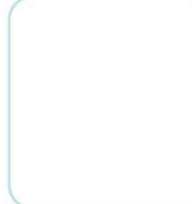
Watch the final match of this iconic competition

19 World Cup Final

With your favourite drinks and snacks, gather to watch the match

26 Tour de France Grand Finale

Who will win this year's race?



Key Dates:

- International Joke Day
- American Independence Day
- Wimbledon Final
- Bastille Day
- St Swithin's Day
- FIFA Men's World Cup Final
- Commonwealth Games
- Tour de France

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