

Activity Planner - February 2026



Mon	Tue	Wed	Thurs	Fri	Sat	Sun
						1 Tu Bishvat Celebrate this Jewish holiday with a walk in nature
2 Groundhog Day Decorate communal areas to welcome the changing seasons!	3 Chair Zumba Take part in some movement to some fun music!	4 World Cancer Day A day to reflect, hope, raise awareness and inspire action	5 World Nutella Day <u>Bake some delicious Nutella Brownies</u>	6 Winter Olympics Tune into some of the sports going on in the Olympics	7 Charles Dickens Birthday Enjoy a film or radio adaptation of a Dickens' classic	8 LGBT+ History Month Learn about and celebrate the history of the LGBT+ community
9 Children's Mental Health Week Come together to support a children's mental health charity	10 Card Making Create valentines cards for your loved ones	11 Movie Night Grab your favourite snacks to enjoy a romance film!	12 Darwin Day Enjoy some science and nature themed trivia	13 Galentines/ Palentines Day Celebrate friendship with a mocktail making class!	14 Valentines Day Spend time with, and remember, your loved ones at a tea party	15 World Hippo Day Watch a short nature documentary
16 Altra Puzzle <u>Train your brain with Altra's fun Tangram puzzle</u>	17 Shrove Tuesday Take part in a pancake flipping competition!	18 Ramadan Create your own paper lanterns to celebrate and decorate	19 Iftar Foods Enjoy dates, hummus, flatbread, and sweet treats like baklava with those around you	20 Games Afternoon Play some bingo, dominoes, cards, or skittles	21 Musician Invite a local musician to perform	22 Bird Feeder Making Use pinecones, peanut butter, and seeds
23 Pet Day Invite some furry friends for a visit	24 Altra's Comedy Strip <u>Stretch your funny bone with this fun comic template</u>	25 Clay Sculptures Create some simple designs using clay	26 Book Club Discuss your recent read and move onto a romance!	27 Seed Planting Plant seeds for the season ahead (indoors if it's cold!)	28 Birthday Celebrations Celebrate the February birthdays with one big party	

Key Dates:

- Tu Bishvat
- Groundhog Day
- World Cancer Day
- Winter Olympics
- LGBT+ History Month
- Children's Mental Health Week
- Valentine's Day
- Ramadan

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