

Activity Planner - June 2025



Mon

Tue

Wed

Thurs

Fri

Sat

Sun

Key Dates:



1 Global Parents Day

Share stories about your parents and children

2 Movie Night
Sit down with some snacks and enjoy a classic comedy

3 Bird Watching
Take a short walk, or watch from the window, to see what birds are about

4 Code Breaking Quote
Crack the code and discover Altra's Secret Fishing Quote

5 World Environment Day
How's the garden looking? Any plants that need trimming?

6 Eid-al-Adha
Enjoy some festive foods, such as biryani or rice dishes, baklava, and dates!

7 Ice Cream Creations
Make your own Ice Cream Sundae

8 World Ocean Day
Celebrate our water world and make some ocean-themed art!

- Global Parents Day
- World Environment Day
- Eid-al-Adha
- World Ocean Day
- King's Birthday
- Father's Day
- Care Home Open Week
- International Picnic Day
- National Writing Day
- Armed Forces Day
- Wimbledon Fortnight Begins

9 Chef for a Day
Share a favourite recipe or meal with your friends and family

10 Summer Bunting
Design your own flag and join it with your friends' to create community bunting!

11 Games Day
Get together for some outdoor games!

12 Flower Arranging
Arrange some beautiful flowers as a gift to a loved one, or to yourself!

13 Royal Quiz
A light-hearted royal family-themed quiz followed by tea and biscuits

14 The King's Official Birthday
Enjoy the Trooping of the Colour procession with a Royal Party!

15 Father's Day
Celebrate Father's Day with your friends and family, or in remembrance

16 Care Home Open Week
Showcase your vibrant community!

17 Music & Movement
Take part in some gentle chair exercises set to your favourite songs

18 International Picnic Day
Take Lunch Outside! Enjoy a picnic style lunch or afternoon snack in the sunshine

19 Paper Roses
Craft a colourful paper bouquet with Altra

20 Postcard
Paint and write your own postcard, keep for yourself or send to a loved one!

21 World Music Day
Play and share your favourite tunes, or make your own!

22 Zumba
Take part in a fun, seated workout to music!

23 Spa Day
Enjoy a relaxing hand massage using lavender lotion

24 Rainbow Puzzle
What Rainbow themed quote is Altra hiding?

25 National Writing Day
Write your a story about yourself using prompts, e.g. 'a place I love to visit is...'

26 Cake Decorating
Decorate a cupcake or two for you to enjoy in the garden

27 Open Mic
Share a song, poem, joke, or story—staff can join in too!

28 Armed Forces Day
Honour and share the stories of those who served in the Armed Forces

29 Window Displays
Create sun catchers and paper flowers to brighten up the windows!

30 Wimbledon
Enjoy some Strawberries and Cream in the garden, perhaps in your best dress!



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