

# Activity Planner - July 2025



Mon	Tue	Wed	Thurs	Fri	Sat	Sun
	<b>1 Joke Day</b> Gather round for some riddles and joke-telling	<b>2 Garden Club</b> Plant some flowers or herbs in the garden	<b>3 Chair Yoga</b> Do some gentle stretching in a seated yoga class	<b>4 American Independence Day</b> Host a BBQ style lunch in the garden	<b>5 Tour De France</b> Gather to watch the start of the Tour de France	<b>6 Paint and Sip</b> Enjoy some guided painting with a drink of choice
<b>7 World Chocolate Day</b> Bake some chocolate cakes, muffins, or cookies	<b>8 Colour with Altra's Art</b> <a href="#">Using Altra's template, get creative with some colouring.</a>	<b>9 Bingo</b> Organise a fun evening of Bingo for everyone!	<b>10 Petting Zoo</b> Enjoy a visit from some furry friends	<b>11 Summer Crafts</b> Using materials from nature, like shells, create some summer themed art	<b>12 Tennis</b> Play some tennis games in the garden with friends	<b>13 Wimbledon</b> Gather round to watch the finals of Wimbledon 2025
<b>14 Sing-a-long</b> Sing-a-long to some familiar, classic tunes	<b>15 Afternoon Tea</b> Celebrate St Swithin's Day with an afternoon tea	<b>16 Nature Walk</b> Enjoy the outdoors with an enjoyable stroll in nature	<b>17 Altra's Ice Cream Puzzle</b> <a href="#">Solve Altra's ice-cream themed puzzle</a>	<b>18 Mocktail Making</b> Get mixing and start your weekend with a delicious mocktail!	<b>19 Live Music</b> Spend the afternoon enjoying some live music	<b>20 World Chess Day</b> Time to show off your chess skills
<b>21 Fun in the Sun</b> <a href="#">Play some garden games</a>	<b>22 Geography Quiz</b> Explore the UK's summer holiday destinations with a quiz	<b>23 Fruit Platter</b> Discover new, or forgotten, flavours by creating an exotic fruit platter	<b>24 National Cousins Day</b> Share tales of times spent with your cousins, aunts, and uncles	<b>25 Wreath Making</b> Using plants and decorations, create some summer wreaths	<b>26 Summer Fair</b> Celebrate the summer with a summer fair, invite a friend or some family	<b>27 French Trivia</b> Celebrate the end of Tour de France with some french-themed trivia
<b>28 Mystery Movie Night</b> Gather round to watch a classic mystery movie	<b>29 Bake with Altra</b> <a href="#">Get baking with Altra's walnut cake recipe</a>	<b>30 Who am I?</b> Using clues, guess the celebrity or famous person	<b>31 Dance Therapy</b> Stand or sit to enjoy some dance therapy with your favourite tunes!			

## Key Dates:

- International Joke Day
- American Independence Day
- St Swithin's Day
- World Chess Day
- National Cousins Day

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