

Activity Planner - July 2024



Mon

1 International Joke Day

Share your best jokes and funny stories at a comedy night

Tue

2 Wimbledon

Play some indoor tennis as things kick off on Church Road

Wed

3 Picnic

Tis the season for a classic British picnic

Thurs

4 00's Movie Night

Lots of Summer Blockbusters to choose from

Fri

5 Tynwald Day

Learn about the Isle of Mann on their National Day

Sat

6 Hijiri New Year

Celebrate the Islamic new year with some reflective meditation

Sun

7 World Chocolate Day

Make your own chocolates e.g. dipping strawberries

Key Dates:

- International Joke Day
- Wimbledon
- Tynwald Day
- Hijiri New Year
- World Chocolate Day
- St Swithin's Day
- Nelson Mandela Day
- National Ice Cream Day
- St James' Day
- Olympics
- World Nature Conservation Day
- International Friendship Day

8 Doodle Day

Get out the pencils and get creative

9 Iced Tea Day

We all love a cuppa, why not try making some iced tea to enjoy this summer?

10 Tai Chi

Find a local instructor to help you with some spiritual stretching

11 Time to Talk

Have some frank and friendly conversations between your residents

12 Birdwatching

Can you count all the local birds enjoying summer?

13 Book Club

If you have finished last month's mystery it's the perfect time for romance

14 Ice Lolly Party

It's always a good idea in the summer!

15 St Swithin's Day

A long held British tradition of kindness, humility and wisdom

16 Moon Landing Anniversary

A perfect excuse for some summer star gazing

17 World Emoji Day

Put together some fun emoji based letters and messages for your families

18 Nelson Mandela Day

Connect with nearby community groups and learn about upcoming local events and campaigns

19 Mini Golf

Check for local pitch and putt courses in your area

20 International Chess Day

Indoors or outdoors it's always perfect weather to play a classic game

21 National Ice Cream Day

Join with Britons across the country and enjoy a delicious treat

22 Gardening

Check on your existing plants, can you plant some summer vegetables?

23 Fishing

In person if possible, or with a fun magnet based game in your home

24 Flower Art

Make collages for friends and family using plants from the garden and park

25 St James' Day

Enjoy the festivities with some Spanish themed food and music

26 Olympics Start

Put together your own events and gather to cheer your favourites

27 Farmer's Market

Visit a local farmer's market

28 World Nature Conservation Day

Enjoy a trip around the garden or to a local park to embrace nature

29 Summer Scrapbook

Start a scrapbook to commemorate your summer

30 International Friendship Day

Connect with another care home or community group to promote friendship

31 National Avacado Day

Make avacado based snacks like guacamole or on toast

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