

Activity Planner - June 2024

Mon

Tue

Wed

Thurs

Fri

Sat

Sun

Key Dates:

1 Global Parents Day
Share stories about your parents & children!

2 The Big Lunch
Check for local events as part of The Big Lunch

- Global Parents Day
- The Big Lunch Weekend
- World Environment Day
- World Oceans Day
- Father's Day
- Eid-al-Adha
- International Picnic Day
- Summer Solstice
- World Music Day
- International Olympic Day
- Care Home Open Week
- Matariki

3 Pet Therapy
Organise a pet therapy session in your care service. What unique animal can you request?

4 90's Movie Night
Watch your favourite 90's movies

5 World Environment Day
How are your plants growing since Spring?

6 Crochet
Create crochet squares or animals with the people you support

7 Button Art
Using old buttons, see what designs you can make?

8 World Oceans Day
Learn about sea life and celebrate the world under the waves

9 Carvery
Create a carvery replica in your care service and encourage the people you support to choose their own meal

10 Scavenger Hunt
Set up a scavenger hunt across your care service

11 Exercise
Is it sunny enough for a trip to the park?

12 Ice Lollies
Make a batch of healthy ice lollies with fruit, juice and cream

13 Water Aerobics
Look for water aerobics classes nearby and try it out

14 Lemonade Break
Make fresh lemonade and enjoy it in the garden

15 Book Club
How was last month's book? What about a mystery theme for June?

16 Father's Day
Celebrate Father's Day with the people you support, with their loved ones or in remembrance

17 Eid-al-Adha
Celebrate the second day of the four day Islamic festival of sacrifice with a BBQ

18 International Picnic Day
Great day for the garden!

19 Blind Taste Test
Have a blind taste testing competition

20 Summer Solstice
The longest day of the year is perfect for a field trip!

21 World Music Day
Have a dance party and share your favourite tunes

22 Ice Cream Party
Tis the season!

23 International Olympic Day
Have your own Care Home Olympics to celebrate

24 Care Home Open Week
Showcase your vibrant community!

25 Dance Party
Strut your stuff to classic sounds of the summer

26 Summer Bake-Off
Host a fun bake-off event among your residents and staff members

27 Museum
Head to a local museum for a day trip

28 Matariki (Maori New Year)
Celebrate Matariki with food and music

29 Fruit Platters
Promote healthy eating by making colourful fruit platters

30 Yoga
Enjoy seated yoga (outside if possible) to strengthen flexibility and balance

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