

Activity Planner - November 2023

Mon

Tue

Wed

Thurs

Fri

Sat

Sun

Key Dates:



1 November
Who can grow the most impressive moustache for November?

2 Day of the Dead
Learn about the Mexican holiday, Day of the Dead

3 Sandwich Day
What's the most popular sandwich of the people you support?

4 Guy Fawkes
Using newspapers and old clothes, can you make a traditional Guy Fawkes?

5 Bonfire Night
Celebrate bonfire night with traditional food, sparklers and a local fireworks show

- Bonfire Night
- Remembrance Sunday
- World Kindness Day
- World Hello Day
- Thanksgiving
- Black Friday

6 Spa Relaxation
For National Spa Week, treat the people you support to a spa treatment of their choice

7 Autumn Walk
Enjoy the colours of autumn by going out for a walk

8 Leaf Art
Using fallen leaves, crayons and crafty materials, what art can you create?

9 Creative Writing
For National Novel Writing Month, have a go at creative writing

10 Football Bingo
[Use these bingo cards to make a game of football more engaging](#)

11 Armistice Day
Commemorate Armistice Day with reminiscence

12 Remembrance Sunday
Watch the Remembrance Sunday parade to commemorate Remembrance Sunday

13 World Kindness Day
Create a Kindness Tree to celebrate acts of kindness in your care service

14 Baby Week
Link up with a local nursery or pre-school, to celebrate Baby Week

15 Optical Illusions
Test yourselves with some optical illusions

16 Button Art
Using old buttons, see what designs you can make?

17 Homemade Bread
Have a go at making some homemade bread for Homemade Bread Day

18 Reminiscence
Look at the beginning of Mickey Mouse for Mickey Mouse's 95th birthday

19 International Men's Day
Hold a Gents Club to celebrate International Men's Day

20 Board Games
To celebrate National Play Monopoly Day, enjoy an afternoon of board games

21 World Hello Day
How many languages can you say Hello in?

22 Decorate Cookies
Bake cookies in the shape of autumn leaves and decorate them

23 Thanksgiving
Learn about the American holiday Thanksgiving and all its traditions

24 Black Friday
Would anyone enjoy looking at the deals available on Black Friday?

25 Autumn Fair
Host an autumn fair with local vendors for the people you support and their families to enjoy

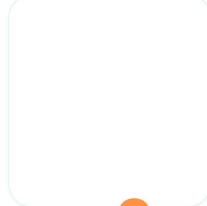
26 Cake Tasting
Enjoy tasting different cake flavours for National Cake Day

27 Musical Requests
Share different musical tastes by asking the people you support to request their favourite songs

28 Carvery
Create a carvery replica in your care service and encourage the people you support to choose their own meal

29 Mason Jar Decorations
Get ready for Christmas by decorating mason jars with Christmas scenes

30 St Andrews Day
[Throw a ceilidh to celebrate St Andrew's Day.](#)



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